

TUFFSTUFF
AXIT-Gyms



**THE YEAR'S TOP
DESIGN & STYLE**

AMERICA'S PREMIER EXERCISE EQUIPMENT
Since 1971



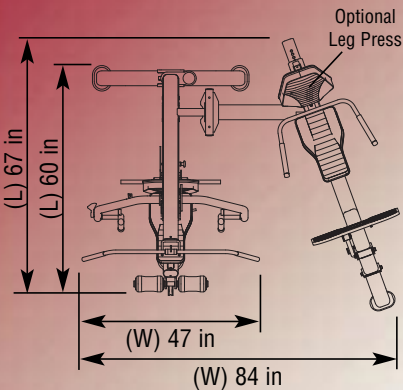
Exclusive Features:



Fully adjustable leg developer accommodates various leg lengths



Unique gas-assist seat height adjustment.



Height: 84 in
Sh Wt: Basic Unit 405 lb

Option:

- Leg Press Attachment



PRODUCT UPGRADE:
Cast iron plates as shown have been changed to black steel weight plates

BASIC EXERCISES

PRESS STATION



- » Chest Press
- » Incline Press
- » Shoulder Press
- » Mid Row

AB STATION



- » Abdominal Crunch
- » Tricep Extension
- » Oblique Twist

LAT STATION



- » Lat Pulldown
- » Tricep Pushdown

LEG DEVELOPER



- » Leg Extension
- » Standing Leg Curl

LOW ROW STATION



- » Standing Arm Curl
- » Upright Row
- » Low Row
- » Inner/Outer Thigh
- » Glute Kick
- » Side Bends

AXT 2.5

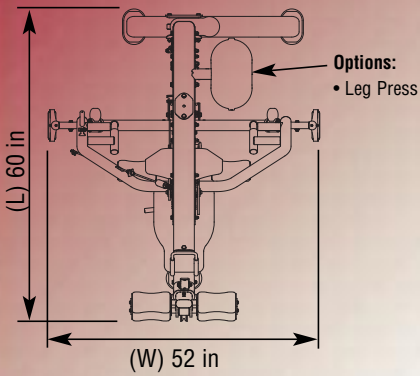
Exclusive Features:



Fixed position outrigger arms provide variety and unlimited free-style cable movement exercises



Unique gas-assist seat height adjustment.



Height: 84 in Sh Wt: 455 lb

Option:

- Leg Press Attachment



BASIC EXERCISES

PRESS STATION



- » Chest Press
- » Incline Press
- » Shoulder Press
- » Mid Row

OUTRIGGER



- » Pectoral Fly*
- » Chest Press*
- » Incline Press*
- » Shoulder Press*

AB STATION



- » Abdominal Crunch
- » Tricep Extension
- » Oblique Twist

LAT STATION



- » Lat Pulldown
- » Tricep Pushdown

LEG DEVELOPER



- » Leg Extension
- » Standing Leg Curl

LOW ROW STATION



- » Standing Arm Curl
- » Upright Row
- » Low Row
- » Inner/Outer Thigh
- » Glute Kick
- » Side Bends

*Free-style cable movement



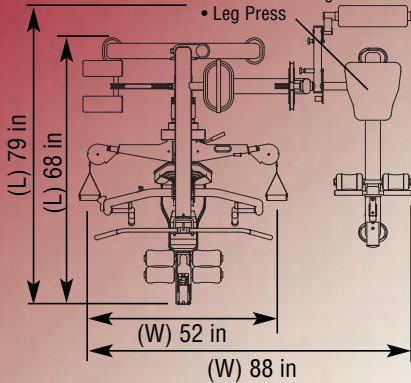
Exclusive Feature:



Features the unique outrigger arms fully adjustable to high, mid and low positions – provide variety and unlimited free-style cable movement exercises

Optional Attachments:

- Ab/Back:
- Inner/Outer Thigh
- Leg Press



Height: 84 in
Sh Wt: Base Unit 500 lb

Options:







- Ab/Back Attachment
- Inner/Outer Thigh Attachment
- Leg Press Attachment



Shown with optional AXT-DLE Leg Developer

PRODUCT UPGRADE:
Cast iron plates as shown have been changed to black steel weight plates

BASIC EXERCISES

PRESS STATION	OUTRIGGER	AB STATION	LAT STATION	LEG DEVELOPER	LOW ROW STATION
 ▶▶ Chest Press ▶▶ Incline Press ▶▶ Shoulder Press ▶▶ Mid Row	 ▶▶ Pectoral Fly* ▶▶ Chest Press* ▶▶ Incline Press* ▶▶ Shoulder Press*	 ▶▶ Abdominal Crunch ▶▶ Tricep Extension ▶▶ Oblique Twist	 ▶▶ Lat Pulldown ▶▶ Tricep Pushdown	 ▶▶ Leg Extension ▶▶ Seated Leg Curl	 ▶▶ Standing Arm Curl ▶▶ Upright Row ▶▶ Low Row ▶▶ Inner/Outer Thigh ▶▶ Glute Kick ▶▶ Side Bends

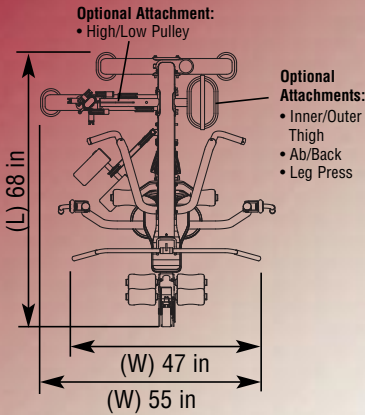
*Free-style cable movement



Exclusive Feature:



360° articulating press arms. Independent arm movement allows you to perform with complete freedom of movement and range of motion



Height: 84 in
Sh Wt: Basic Unit 450 lb

Options:

- Ab/Back Attachment
- Inner/Outer Thigh
- High/Low Pulley System
- Leg Press



Shown with optional AXT-DLE Leg Developer

PRODUCT UPGRADE:
Cast iron plates as shown have been changed to black steel weight plates

BASIC EXERCISES

ARTICULATING ARM



- » Chest Press
 - » Incline Press
 - » Pectoral Fly
- Free-style movement

MID ROW



- » Mid Row

AB STATION



- » Abdominal Crunch
- » Tricep Extension
- » Oblique Twist

LAT STATION



- » Lat Pulldown
- » Tricep Pushdown

LEG DEVELOPER



- » Leg Extension
- » Seated Leg Curl

LOW ROW STATION



- » Standing Arm Curl
- » Upright Row
- » Low Row
- » Inner/Outer Thigh
- » Glute Kick
- » Side Bends

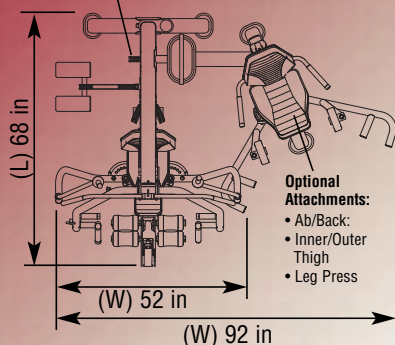


Exclusive Feature:



Fully adjustable, dual pivot points on the pectoral arms accommodate various arm lengths and helps the user maintain perfect form throughout the range of motion

Optional Attachment:
• High/Low Pulley System



Height: 84 in
Sh Wt: Base Unit 500 lb

Options:

- Ab/Back Attachment
- Inner/Outer Thigh
- High/Low Pulley System
- Leg Press



Shown with optional
AXT-DLE Leg Developer

PRODUCT UPGRADE:
Cast iron plates as shown
have been changed to black
steel weight plates

BASIC EXERCISES

PRESS STATION



- » Chest Press
- » Incline Press
- » Shoulder Press
- » Mid Row

PECTORAL FLY



- » Pectoral Fly

AB STATION



- » Abdominal Crunch
- » Tricep Extension
- » Oblique Twist

LAT STATION



- » Lat Pulldown
- » Tricep Pushdown

LEG DEVELOPER



- » Leg Extension
- » Seated Leg Curl

LOW ROW STATION



- » Standing Arm Curl
- » Upright Row
- » Low Row
- » Inner/Outer Thigh
- » Glute Kick
- » Side Bends



Base Unit With Single Station Attachment

DIMENSIONS (inches): (W) – Width (L) – Length	(W) Ab/Back	(L) Ab/Back	(W) Inner/Outer	(L) inner/Outer	(W) High/Low	(L) High/Low	(W) Leg Press	(L) Leg Press
	AXT-2 Base Unit							84
AXT-2.5 Base Unit							84	67
AXT-3 Base Unit	88	79	95	68			88	75
AXT-4 Base Unit	87	77	92	68	55	68	86	75
AXT-5 Base Unit	87	77	92	68	57	68	85	75



Ab/Back



Inner/Outer Thigh



Leg Press



High/Low Pulley System



OPTIONAL EXERCISES

AB/BACK



- » Abdominal Crunch
- » Back Extension

INNER/OUTER THIGH



- » Seated Inner Thigh
- » Seated Outer Thigh

LEG PRESS



- » Leg Press
- » Calf Raise

HIGH/LOW PULLEY



Functional cable exercises
(single or dual arm movements)

- » Tricep Extension
- » Tricep Pushdown
- » Lat Pulldown
- » Ab Crunch
- » Mid Row
- » Chest Fly
- » Rear Delt
- » Standing Arm Curl
- » Upright Row
- » Deltoid Raise
- » Low Row
- » Inner/Outer Thigh
- » Glute Kick
- » Side Bends

QUALITY, PRESENTATION AND PERFORMANCE

For nearly four decades, TuffStuff has been known as the “pioneer” and developer of single and multi-stack home gym systems. Many TuffStuff design innovations, mechanical movements and engineering features are originals and patented. The success of TuffStuff is largely attributable to its employees, many of whom have been with the company since inception – experience and support you can trust.

EXCLUSIVE FEATURES:



Swivel low row pulley station exclusively for AXT-3, 4 and 5 only.



Built-in beverage holder and hangers for accessory items



Illustrative exercise flip chart with waterproof clear lamination



Optional AXT-DLE Leg Developer (seated leg extension/seated leg curl) with unique gravity-latch thigh-hold down roller pads



Optional AXT-SLE Leg Developer (seated leg extension/standing leg curl) with adjustable roller pads



Cable trigger-release provides convenient press arm adjustments for chest, incline, shoulder presses, and mid rows

YOU GET TO CHOOSE:

Superbly crafted two-tone upholstery pads that offer both functionality and contemporary styling.



Wine & Rose Brick



Black & Cadet



Azure & Fjord

SPECIFICATIONS & WARRANTY

- “Off-the-floor” 3-point contact frame
- Space efficient all-frontal design
- Solid and stable 2 x 4” 11-gauge oval tubular steel main frame
- Trigger-release device provides convenient press arm adjustments for chest, incline, shoulder presses and mid rows
- Powder coat finish – Ebony Chrome accented with Platinum Sparkle
- Durable high density pads upholstered in two-tone premium grade naugahyde and double-stitched
- Upholstered roller pads
- USA-Made/Certified 2200 lbs. test 3/16” military-spec nylon coated cable
- Black nylon pulleys with sealed bearings (also available with optional solid aluminum pulleys)
- 3/4” chrome-finish solid steel guide rods
- Full length protective steel weight shields (except AXT-2)
- 200 lbs. black steel weight plates

LIFETIME WARRANTY

AXT-2, 2.5, 3, 4 and 5 used only in a home environment is warranted for LIFE* on everything to the original purchaser.

*See Owner’s Manual for specific information on warranty, parts, service and labor. Or call 888-884-8275.

NOTICE: TuffStuff continually engages in research related to product improvement. As a result, the product received by the customer may differ slightly from its published description. Improvements in materials, production techniques and design refinements may at any time be introduced into our products. TuffStuff reserves the right to make changes in its product without notice.



www.tuffstuff.net

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Since 1971