



SIGNATURE SERIES | BENCHES AND RACKS

*Life Fitness*

# SIGNATURE SERIES

## BENCHES AND RACKS

### *Strength in Beauty*

Introducing Signature Series Benches and Racks from Life Fitness—uniquely designed to deliver the performance features that experienced users demand, while offering the approachability new users desire. Our new line of Benches and Racks delivers a design that seamlessly integrates with our Signature Series and Cable Motion Series lines, creating a family of 44 superior strength-training products. The new Life Fitness Signature Series Benches and Racks combine the best in performance, function, and aesthetics to attract new users and keep them coming back for more.

### *A New Member of the Family*

The new Signature Series Benches and Racks visually integrate with Life Fitness Signature Series and Cable Motion Series products to create a clean, consistent premium look throughout your facility.



### *Aesthetics. Performance. Integration.*

- An appealing design featuring large, flat oval tubing and contoured cushions creating an approachable yet robust appearance.
- Designed to position the user in the optimal workout position to maximize results.
- Molded Urethane Protective Racking System and paint guards combine to protect against chipping and scratching, creating the durability you expect from Life Fitness.
- An integrated, modular labeling system for plate and dumbbell storage keeps free weights and your facility organized.



□ **Olympic Flat Bench** SOFB

51" x 49" x 51" (130 cm x 124.5 cm x 130 cm)



□ **Olympic Incline Bench** SOIB

51" x 58" x 57" (130 cm x 147 cm x 144 cm)



□ **Olympic Decline Bench** SODB

51" x 68" x 51" (130 cm x 173 cm x 130 cm)



□ **Olympic Military Bench** SOMB

51" x 48" x 66" (130 cm x 122 cm x 168 cm)



□ **Olympic Bench Weight Storage** SOBWS

17" x 28" x 49" (43 cm x 71 cm x 124.5 cm)

Shown here with optional Olympic Flat Bench (SOFB).

Also can be attached to SOIB, SODB and SOMB.



□ **Olympic Squat Rack** SOSR

66" x 77.5" x 75.5" (168 cm x 197 cm x 192 cm)



□ **Ab Crunch Bench**

SABC

62" x 32" x 38" (158 cm x 81 cm x 97 cm)



□ **45° Back Extension**

SBWBE

54" x 37" x 37" (137 cm x 94 cm x 94 cm)



□ **Leg Raise**

SLR

46" x 33" x 64" (117 cm x 83 cm x 161 cm)



□ **Chin/Dip/Leg Raise**

SCDLR

45" x 50" x 91.5" (114 cm x 127 cm x 233 cm)



□ **Arm Curl Bench**

SAC

33" x 47" x 46" (84 cm x 119 cm x 117 cm)



□ **Olympic Weight Tree**

SQWT

23" x 27" x 37" (59 cm x 69 cm x 94 cm)



□ **Multi-Adjustable Bench** **SMAB**

53" x 32" x 45" (135 cm x 81 cm x 114 cm)



□ **Adjustable Decline/  
Abdominal Bench** **SADB**

61" x 44" x 32" (155 cm x 112 cm x 81 cm)



□ **Flat Bench** **SFB**

46" x 31" x 16.5" (117 cm x 80 cm x 42 cm)



□ **Utility Bench** **SUB**

28" x 36" x 36" (71 cm x 90 cm x 90 cm)



□ **Single Tier Dumbbell Rack** **SDR1**

90" x 22" x 29" (229 cm x 56 cm x 74 cm)



□ **Two Tier Dumbbell Rack** **SDR2**

90" x 25" x 33" (229 cm x 64 cm x 84 cm)



**Barbell Rack** SBBR

34.5" x 38" x 61.5" (88 cm x 97 cm x 156 cm)



**Handle Rack** SHR

30" x 38" x 30" (76 cm x 97 cm x 76 cm)

## Frame Colors\*



PLATINUM



WHITE

## Upholstery Colors



AMERICAN  
BEAUTY RED



AZURE



BLACK



CRANBERRY



HUNTER GREEN



NORTHWOODS  
GREEN



REGIMENTAL  
BLUE



ROYAL BLUE



SLATE



SUEDE

## Warranty

10-year limited warranty on the structural frame (coatings excluded); one year on the bearings and grips; and 90 days on the upholstery, springs and any items not specified. Warranties outside the U.S. may vary. Contact Life Fitness for details.

\*Platinum and White frame colors shown are standard. Custom and premium frame colors are not available. White frame color available beginning March 2007. A second, clear-coat top layer is standard on machines with Platinum frames.

All upholstery colors shown are standard. Custom upholstery colors are available for an additional charge.

Actual frame and upholstery colors may differ from printed color samples shown.

Products shown are not to scale.



**United States, Canada, Latin America**

*Life Fitness World headquarters*  
5100 River Road  
Schiller Park, IL 60176  
Tel: 800.634.8637  
847.288.3300  
Fax: 847.288.3796

**Europe, Africa, Middle East**

*Life Fitness Atlantic BV/Benelux NV*  
Tel: (+31) 180.646666  
(+31) 180.646699

**Asia Pacific**

*Life Fitness Asia Pacific Limited*  
Tel: (+852) 2891.6677  
(+852) 2575.6001

**Germany, Austria, Switzerland**

Tel: (+49) (0) 89.317751.0  
Fax: (+49) (0) 89.317751.99

**Brazil**

Tel: (+55) (0) 11.4133.2882  
Fax: (+55) (0) 11.4133.2893  
SAC: (0) 800.773.8282

**Italy**

Tel: (+39) 0457.238.204  
Fax: (+39) 0457.238.197

**United Kingdom**

Tel: (+44) (0) 1353.666017  
Fax: (+44) (0) 1353.666018

**Spain**

Tel: (+34) 93.672.4660  
Fax: (+34) 93.672.4670

**Japan**

Tel: (+81) 3.3359.4309  
Fax: (+39) 3.3359.4307