





R-310 The DKN R-310 magnetic rower is the benchmark in Home Use Standard Rowing Machines, constructed from the highest grade components.

The framework on this model is a heavy gauge welded steel platform, providing a solid and stable platform for serious training, and a real fluid and smooth rowing action allowing for good posture.

This model features a new LCD console display with several preprogrammed runs, auto-resistance controlled, offering the My Zone Program heart rate control including 4 heart rate controlled options, 4 multiple user profiles. It keeps you in tune with your performance by relaying feedback direct to the user on speed, distance, time, calories burned, stroke count and heart rate.

The comfortable seat, the 10% inclined seat rail, with a travel distance of 750 mm, constructed of high grade aluminium, enhances the authentic feeling of real outdoor rowing and makes it a pleasure to use even for prolonged periods of time.





