

X-TRAINING MOTION TRAINING



ELECTRONICS

Pulse
Data

Handgrip sensors, wireless HR optional
Ergometer class A, 14 kg flywheel set, 16 interval resistance settings, 52 kg

PRODUCT DETAILS

Time
RPM
Distance
Calorie
Watt
User
Programming
Pulse
Recovery
Max user limit (kg)
Dimensions (mm)

✓
✓
✓
✓
✓
1
12 + 4 HRC
✓
✓
140
1370 x 560 x 1580

XC-120 The DKN XC-120 is a state of the art home use cross trainer that is solid, smooth and easy to use, yet feature packed to suit your training needs. The 18" stride length ensures a full extension of the legs during workouts, while the large 14 kg fly wheel provides a smooth and quiet action and a natural feel.

The XC-120 provides a resistance range of 10 to 350 Watts adjustable in 5 Watt interval steps, and means you can get a far more precise workout and feedback, and offers a wide range of intensities for all user types.

This machine is build on an extended frame basis and added 95 cm long stride supports with pivoting supports, allowing your foot position to maintain the right angle during your work out.

The added horizontally adjustable pedals, high endurance sealed bearings and Teflon housing with slim line narrowed body make the XC-120 action feels incredibly smooth, comfortable and natural, and means the user has a centered, well balanced, vertical position at all times

