

VIRTUAL TRAINER



**ELEVATION™
SERIES**

Life Fitness
WHAT WE LIVE FOR

ENHANCE

The Exercise Experience

Provide your users with the ultimate fitness experience. The Life Fitness® Virtual Trainer Web Site, a free online tool, will raise your facility to the next level by providing exercisers with an easy way to create workouts and track progress.

Purchase any Elevation™ Series cardio product with USB Connectivity, and you'll get access to a free online tool to help advance your business.

The Virtual Trainer Web Site will help you

- > Motivate people by helping them visualize their goals, create programs and track their progress
- > Differentiate your facility from your competitors
- > Increase revenue opportunities
 - Attract new members
 - Improve retention
 - Enhance personal training services

JOIN FOR FREE!

Register today at
www.VirtualTrainer.LifeFitness.com

MOTIVATE

Users With Custom Workouts



CREATE

a workout on the console* or at
www.VirtualTrainer.LifeFitness.com



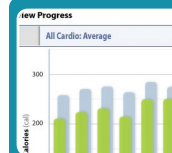
DOWNLOAD

or save workout to a USB device



WORK OUT

Insert USB device and start workout



TRACK

progress at www.VirtualTrainer.LifeFitness.com



PLAN

next workout

LifeFitness
WHAT WE LIVE FOR

*Elevation™ Series Engage™ or Inspire™ Consoles with Connection Center and USB Connectivity.

United States, Canada, Latin America

Life Fitness World Headquarters
5100 River Road
Schiller Park, IL 60176
Tel: 800.634.8637
(+1) 847.288.3300
Fax: 847.288.3796

Europe, Africa, Middle East

Life Fitness Atlantic BV/Benelux NV
Tel: (+31) 180.646666
Fax: (+31) 180.646699

Asia Pacific

Life Fitness Asia Pacific Limited
Tel: (+852) 2891.6677
Fax: (+852) 2575.6894

Germany, Austria, Switzerland

Tel: (+49) (0) 89.317751.0
Fax: (+49) (0) 89.317751.99

Brazil

Tel: (+55) (0) 11.4133.2882
Fax: (+55) (0) 11.4133.2893
SAC: (0) 800.773.8282

Italy

Tel: (+39) 045.72.37.811
Fax: (+39) 045.72.38.197

United Kingdom

Tel: (+44) (0) 1353.666017
Fax: (+44) (0) 1353.666018

Spain

Tel: (+34) 93.672.4660
Fax: (+34) 93.672.4670

Japan

Tel: (+81) 3.3359.4309
Fax: (+81) 3.3359.4307