



SIMPLY FIT

THE EVOLUTION CONTINUES!





KETTLER S-FIT TECHNOLOGY.

With the KETTLER RACER S, we have successfully introduced the revolutionary S-FIT technology. It allows, for the first time, the linking of an ergometer bike with the KETTFIT Fitness Community and the use of the KETTLER S-FIT APP via personal smartphone. 2013 will be the year of the evolution. New units complete the S-FIT Line.

This means that in the future, cross trainers, ergometers and treadmills will offer the opportunity to work out in the living room at home, networked and using sophisticated training software.

Home Fitness will become "social", training successes will be shared, managed or planned online by phone S-FIT will revolutionise the world of fitness and motivate more and more people for their daily workout.



S-FIT COCKPIT

Get on – turn on – and off you go!

Just rely on your intuitive touch. Thanks to a new type of glass display with innovative touchscreen, all S-FIT equipped units can be controlled intuitively, and it's ingeniously simple. Time-consuming studying of the instruction manual is a thing of the past, as is the tiresome programming of the training computer.



KETTLER S-FIT-APP

In combination with a Bluetooth-enabled smartphone or tablet [Android/iOS], the S-LINE units develop their full potential: As soon as a mobile end device with the installed KETTLER S-FIT APP is connected to an S-LINE machine, the user has a choice of the additional training modes FUN, CHALLENGE, and EXPERT.



CHALLENGE

In the CHALLENGE mode, there are realistic training routes with different terrain profiles. With the Ghost function, committed athletes can compete on three different difficulty levels of virtual routes, experiencing a realistic competitive atmosphere in their own living room.



KETTLER S-FIT APP



App Store

optimised for Samsung from March 2013 S II and S III





EXPERT

The EXPERT mode provides a detailed record of all important training data. As a result, competitive athletes can always keep an eye on their pedal, pulse and heart rate, the distance covered and their precise speed, and they can complete the predefined programme more professionally. The evaluation occurs via the KETTFIT online training community.



FUN

In the FUN mode, burgers, pizza and cola don't stand a chance. In particular, fitness-oriented athletes who want to guickly complete an effective workout have the chance in this mode to exercise away calories from various foods. Fun with training is a clear priority. You can not only synchronize your performance with your own KETTFIT account, but you can also share the results with friends on Facebook.



SIMPLY FIT



THE NEW S-LINE CROSS TRAINER.

Abs and thighs, SKYLON - not only analogue and technically the most advanced full-body workout we have ever had to offer. Even in a virtual workout, men and woman can achieve peak training results with the high-end SKYLON S. The height adjustable SKYLON S cockpit with optional smartphone control can be enhanced with a tablet rack.

The compact UNIX cross trainer series is also being expanded by an S-FIT model, the UNIX S.





UNIXS



HEAVENLY FIT

The 22 kg flywheel mass of the Frontwheeler guarantees an especially smooth motion which is easy on the joints. The comfortable, height-adjustable S-FIT cockpit with non-skid smartphone storage can be expanded with a tablet holder. After training, the SKYLON S folds together with just one motion to save space.



COMPACT, SMART, UNIX

The ideal training partner for an effective total body workout, with features such as Count-up, Count-down and Pulshold which can be intuitively controlled via the touch-sensitive cockpit.

Other training modes, such as interval training or the ability to run one's own race, are activated over the KETTLER S-FIT APP.

The EXT-technology, in conjunction with the 22 kg flywheel mass and the rpm-independent induction brake (25 - 400 watts), ensures a special joint-friendly and ergonomically optimized motion.

KETTLER

SIMPLY FIT







RUN THE FAT OFF

Running workouts are considered among the most effective exercises for fat burning. With the new RUN S, runners will go on their favourite routes with smartphone-control in the future. An optional tablet holder extends the use of the KETTLER S-FIT APP with a new format. With a powerful, quiet motor, an efficient shock-absorbing system and motorized incline adjustment at the touch of a button, premium running comfort is guaranteed.



EVERY WORK-OUT A STAGE VICTORY

The ergonomic frame geometry and removable parts, such as the seat and handlebar on the RACER S, are features that thrill not only ambitious cyclists.

SPD combi-click pedals, the 8 kg flywheel mass and the precision induction brake (25 - 1,000 watts] ensure an authentic race feeling in the living room.

The RACER S is controlled via a tilt-adjustable glass display with touch-sensitive keys. The most important functions (watts, training time, pace and heart rate) are directly adjustable on the RACER S. In combination with a smartphone and the KETTLER S-FIT APP, additional training modes are available. Additional information is available at www.racer-s.com



THE FUTURE OF CARDIO TRAINING

Just climb on, turn it on, and go. The ERGO S simplifies classic cardiovascular exercise through innovative control via a touchscreen and a smartphone. As a result, athletes can concentrate on what's important again: their training.

With the KETTLER S-FIT APP, varied training modes for beginners and ambitious endurance athletes are available.



SIMPLY FIT

KETTLER

YOUR TRAINING COMMUNITY



KETTFIT

On our new training and health website **kettfit.com** you will find professional training programs, documentation, coaching and lots of useful knowledge about training. Find out more about our interactive training community at **www.kettfit.com**



YOUR TRAINING SOFTWARE





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WORLD TOURS 2.0

Completely new, with plenty of training entertainment, KETTLER WORLD TOURS is a must for every ambitious athlete. • Indoor and outdoor training: Record tours with GPS device and simulate or cycle tours on 3D maps using KETTLER equipment • Online mode for virtual competitions with other users on the www.kettlerworldtours.de website

 \cdot Performance and heart rate profiles for every level of performance \cdot Training analysis

· Real-time video function

Marcel Wüst, KETTLER Radsportexperte:

"The new KETTLER WORLD TOURS 2.0 software package enhances the efficiency, motivation and enjoyment of your exercise bike workout". **KETTLER World Tours 2.0 function expected available from March 2013.**